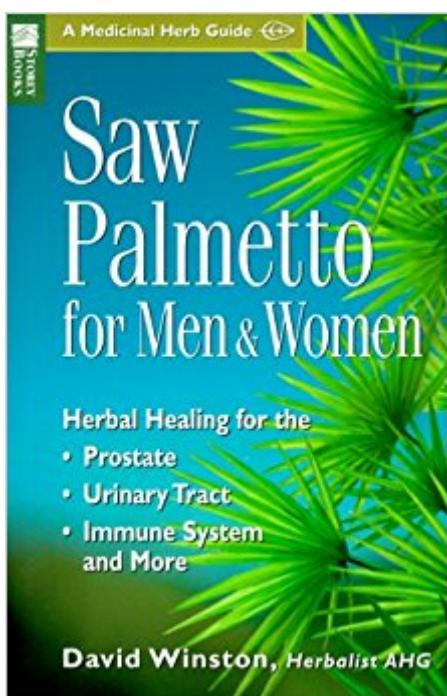


The book was found

Saw Palmetto For Men & Women: Herbal Healing For The Prostate, Urinary Tract, Immune System And More (Medicinal Herb Guide)



Synopsis

The results of clinical studies of saw palmetto and formulas for using it to treat enlarged prostate (BPH) and more.

Book Information

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Customer Reviews

Optimize Your Health with the Healing Powers of Saw Palmetto! Saw palmetto, best known today for easing prostate discomfort, has been used for generations to treat a vast array of ailments in men and women. This powerful herb boosts the immune and endocrine systems and combats male and female infertility, ovarian pain and cysts, urinary tract and lung problems, weak libido, anorexia, cystic acne -- even male baldness. Nationally known clinical herbalist David Winston, AHG, an herbal practitioner and educator for 30 years, separates fact from fiction for health-conscious consumers and clinicians. He documents saw palmetto's value for a range of maladies, sharing his latest clinical results as well as those of other well-known herbalists and naturopaths, and offers his special formulas for making saw palmetto remedies at home.

A founding member of the American Herbalists Guild, author and nationally known herbalist David Winston has been an educator and herbal/clinical consultant to the medical industry for 30 years. He is trained in Cherokee, Chinese, and Eclectic/Western herbal traditions. He has written for the American Herb Association Quarterly, Herbalgram, and other magazines. A contributor to many

books, David has authored Storey's Saw Palmetto for Men & Women. David is president of Herbalist & Alchemist, Inc., an herbal extract producer. Additionally, he is Dean of the Herbal Therapeutics School of Botanic Medicine in New Jersey, where he resides.

Informative and easy to read, make room for a place among your self-help and health reference books in your home library. A good book to have and learn from.

Author David Winston has more than thirty years experience an all aspects of herbalism, including a mastery of medicine making, and studies of Eclectic medical herbalism, traditional Cherokee herbalism, and traditional Chinese medicine. The book covers the uses of Saw Palmetto completely from both traditional uses and scientific research. The traditional uses are much broader than simple treatment for prostatic hyperplasia in males. Winston also describes alternate and related treatments for both men and women

David Winston is one of the most respected herbalists in American, and his knowledge shines through in this book. In some ways it is incredible. He reviews the literature going back several centuries, and clearly explains the known ethnobotanical and scientific literature in easy to understand terms. Lots of solutions for genitourinary and other related health problems are described. I should know - this book gave me the answer to my son's difficult to solve acne problem. Get this book.

David Winston is one of the most respected herbalists in America, so it is no surprise that his depth of knowledge shines through in this book. In some ways it is incredible. With ease he quotes references over the past few centuries, clearly explains the known ethnobotanical and scientific literature, and then tells you exactly how to use this plant for improving health in easy to understand terms. I should know - this book gave me the solution for my son's difficult acne problem. Get this book.

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